

REIKI SESSION INFORMED CONSENT/LEGAL DISCLAIMER

Mikao Usui developed Usui Reiki Ryoho, the most current form of Reiki, in 1922. However, people have practiced Reiki for about 2,500 years.

Reiki is a Japanese word that means “universal energy”. Reiki is increasingly recognized in the West as a complement to allopathic medicine. Reiki reduces stress, enhances relaxation, and rebalances the body-mind-spirit connection.

Reiki and other forms of energy work have much to offer in the way of increasing wellbeing and resilience.

Like meditation, Reiki sessions have a cumulative benefit. While Reiki supports wellness for the physical, emotional, and mental body, it is not a “magic cure” and is no replacement for licensed medical treatment.

Reiki is delivered while the client is either seated in a chair or lying on her/his back on a Reiki table. It is not a form of massage, and the client remains fully clothed.

The Reiki session should not be construed as a prescription, a promise of benefits, claims of cures, or a guarantee of results to be achieved.

I understand that Reiki is a relaxation and stress reduction technique. Reiki practitioners do not diagnose or prescribe substances, nor interfere with the treatment of a licensed medical professional. I understand that Ancuta (Ann) Nedescu is not a licensed physician, and that Reiki is complementary to and separate from licensed medical services.

The information, instruction or advice given by Ancuta (Ann) Nedescu is not intended to be a substitute for competent professional medical or psychological diagnosis and care.

I also understand that Reiki is an energy healing methodology that includes the laying on of hands to a person who remains fully clothed. There will be no touch of breasts, genitals, or buttocks. I understand that the Reiki session is being provided by Ancuta (Ann) Nedescu at my request. I agree to hold Ancuta (Ann) Nedescu harmless and understand that she is not responsible for the outcome of the session.

I hereby acknowledge and affirm understanding and agreement with the above. I am willing and consent to proceed with the Reiki session.

First & Last Name:

Signature:

Date: _____